



Virginia Green Hotels & Lodging Facilities



Lavender Heights Bed and Breakfast Fredericksburg, VA

Virginia Green is the Commonwealth of Virginia's campaign to promote environmentally-friendly practices in all aspects of Virginia's tourism industry. **Virginia Green** has established "core activities" specific to each sector of tourism, and these practices are considered the required minimum for participation in the program. However, **Virginia Green** encourages its participants to reduce their environmental impacts in all aspects of their operations, and this profile provides a full list of all their "green" activities. These are the activities that guests / customers can expect to find when they visit this facility.

Lavender Heights Bed and Breakfast

We are an intimate, four-bedroom bed-and-breakfast inn located on the heights of the Rappahannock River overlooking historic Fredericksburg, Virginia. Our home and gardens offer a restful stay and an exquisite setting for either simple relaxation or your special event.

It is the right thing to do for our environment and planet. We need to be better stewards of "our part." It is important not only for us but future generation.

We protect and enhance the wildlife habitats on the property by keeping the five acres of woods undeveloped. Throughout the gardens and grounds we have created inviting bird habitats that allow guests to enjoy the 14-plus species of birds identified to call our property home. These habitats include plants native to Virginia that are drought resistant and help reduce water erosion. Furthermore, we use environmentally friendly herbicides and pesticides only when needed. We educate our guests about the Virginia Green initiative by providing information about our reuse/recycle program and the importance of conservation both locally and globally. This helps eliminate and reduce the amount of refuse that is sent to our local landfill and helps encourage others to do the same wherever they may call home.

Virginia Green Activities

This facility pledges that they:

Offer optional linen service

- Have signage in each guest room explaining the linen reuse procedures
- Change linens only upon request
- Train housekeeping staff on our process for optional linen service
- Track optional linen participation rate
- Purchase water- and energy-efficient washers and dryers

- Use non-phosphate, non-toxic and biodegradable laundry detergents
- Minimize the use of bleach and chlorinated chemicals

Recycle

- Have in place clearly marked recycling bins or provide convenient drop-off locations for guests to recycle:

- Glass Bottles
- Plastic Bottles
- Aluminum cans
- Newspaper
- Office paper

Other items recycled by the facility:

- Printer/ copy machine toner cartridges
- Cardboard

Reduce solid waste

- Instruct housekeeping staff to save and reuse unopened items
- Donate excess food from events
- Have an effective food inventory control system to minimize waste
- Do not use any disposable containers, dishware, cutlery, or cups
- Use disposable foodservice items that are made from recycled content
- Use disposable foodservice items that are recyclable (in your area!)
- Use cloth napkins
- Use bulk soap dispensers in public restrooms
- Purchase recycled-content paper-towels and toilet paper
- Reuse scrap paper for notes
- Reuse or donate shipping and packing supplies (peanuts, bubble wrap, etc.)
- Purchase recycled paper with a high-percentage recycled content
- Make double-sided photocopies and avoid making extra photocopies
- Use electronic correspondence and forms when possible
- Use reused building materials or those from sustainable sources
- Properly recycle and/or dispose of thinners and solvents
- Minimize use of pesticides and herbicides in landscaping

Use water efficiently

- Perform preventative maintenance to stop drips and leaks
- Have installed high efficiency dishwashers
- Have installed low flow toilets (use 1.6 gallons per flush or less)
- Use microfiber technology mops
- Have landscaping that utilizes native species
- Use rain gauges and water meters and only irrigate when necessary
- Have installed pervious pavement to reduce storm water runoff

- Have minimized impervious areas (paving, concrete, etc.)
- Have installed a green roof
- Maintain vegetative buffers around streams and ponds
- Use a nutrient management plan that minimizes the use of fertilizers

Conserve energy

- Have installed ceiling fans
- Use natural lighting (i.e., open draperies and raise shades whenever adequate light from windows is available)
- Have adopted a policy/practice to turn off lights in unoccupied rooms
- Have installed directional (downward-facing) lighting in parking areas and other outdoor areas
- Generate electricity from photovoltaic solar panels

For more information on **Lavender Heights Bed and Breakfast**, see www.fredericksburgvabedandbreakfast.com or www.fredericksburgvabedandbreakfast.com/ or contact Patricia Moyes at stay@lavenderheightsbandb.com or 540-361-4593.

For more information on the Virginia Green program, see www.deq.state.va.us/Programs/PollutionPrevention/VirginiaGreen.aspx.



Virginia Green is a partnership supported by the Virginia Department of Environmental Quality, the Virginia Hospitality & Tourism Association, and the Virginia Tourism Corporation.

